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ABDUR RAHMAN

General Labourer

Summary

As a General Laborer, my responsibilities include Demolition, Site Preparation, Materials Handling, Concrete Work, Framing, Cleanup and maintaining a safe and organized workspace. I am skilled in General Labor and have experience operating various types of tasks. Additionally, I am detail-oriented, able to meet deadlines, and committed to providing high-quality service.

Skills

- Physical strength and stamina
- Knowledge of tools and equipment
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- Attention to detail
- Strong work ethic and reliability
- Teamwork and collaboration
- Basic math and measurement skills
- Understanding of safety guidelines and regulations
- Communication skills for working effectively with other team members and supervisors.
- Problem-solving and adaptability to changing work environments and tasks.

Education

Junior School Certificate
Panchlia High school, Kotchandpur,
Jhenaidah

Language

Bangla – 100%

English – 30%

Work history

Customer Service Representative – 04/2017 to 09/2018

Global Markets Inc., Dhaka

- Construction Safety: Knowledge of safety protocols and regulations to ensure a secure working environment and prevent accidents.
- Project Management: Proficient in overseeing all phases of construction, from initial planning and budgeting to final execution, ensuring timely completion and adherence to quality standards.
- Problem Solving: Adept at identifying challenges and implementing effective solutions, even in high-pressure situations, to keep projects on track and achieve objectives.
- Excellent interpersonal skills enable seamless communication with clients, vendors, and stakeholders, ensuring project requirements are understood and executed accurately.

Packager – 04/2017 to 09/2020

Sml Packaging Solutions Bangladesh Ltd. , Dhaka

- Transporting and handling construction materials and equipment.
- Assisting skilled tradespeople in various construction tasks.
- Operating hand tools, power tools, and heavy machinery.
- Demolishing existing structures or removing old materials from the site.
- Preparing construction sites by cleaning.